

Joel's Comments

#1 TRUTH/DOGMA
 Truth is often
 buried under dogma

#2 REAL RELIGION
 Your real religion is
 your actions
 moment by moment

#3 FOCUS
 Focus on doing
 the next right thing

#4 DARE
 Dare to experiment
 experience & learn

#5 IMPORTANT DECISION
 Make the decision
 not to complain

#6 ROOTS
 Root yourself
 in Mother Earth

#7 KINDNESS
 Seldom is
 kindness resented

#8 FOCUS
 Focus on the solution
 not on the problem

#9 GRATITUDE
 Keep gratitude
 in your attitude

#10 HAVE PATIENCE
 Most things are difficult
 until they become easy

#11 MISTAKES
 OK to make mistakes
 not OK to make same
 Mistake over & over

#12 GREATEST GIFT
 The greatest gift can not
 be found by seeking but
 only seekers will
 stumble upon it

#13 IMPORTANT
What happened in our past
is only important for what
we choose to become
as a result of our past

#14 FEELINGS
Feelings are a gift
feel them fully
express them appropriately

#15 PRACTICE
Practice kindness
in all situations

#16 VIETNAM VETS/JANE FONDA
Vietnam Vets not Fonda Jane

#17 12 STEPS
The twelve step programs are
one of the few things of real
value created in the last 75
years

#18 ASK & LOOK
Ask yourself, look inside, what can
you do that sets you on fire? Find the
answer, then do it!

#19 ON CHURCHES
St. Augustine said, "The
Church is a whore, but she's
my mother."

#20 TRUTH
The truth will set you free, after you
get over being 'pissed off'.

#21 AMISH AFFAIRS

The Amish are a separate community, taking care of their own welfare, education, most all aspects of living with their beliefs, ways, etc., avoiding outside interests, politics, police, courts, insurance companies, governments and such.

They take care of their own problems in their own way. Most groups do not allow pictures of individual Amish member that are identifiable.

The recent situation here in Seymour, MO. involving only members of the Amish community concerning incest is an internal problem of their own, not concerning the outside city, county and state. They have already punished those involved in their way.

They are quite capable of managing themselves. May I suggest it is none of my business or anyone else's, including governments, newspapers, etc., how they do it.

#22

COLUMBUS DAY / NATIVE AMERICAN DAY

There are 14 states, plus numerous cities and universities that have changed Columbus Day to Native American Day or Indigenous Peoples Day, the first state in 1977 being South Dakota.

Columbus started the “American Holocaust”, which compared to the “Hitler Holocaust” is like comparing a atomic bomb to a lady finger firecracker. Recommended reading is “American Holocaust” by David E Stannard.

#23

CLEAN AND SOBER

Attention Alcoholics/Drug addicts

How far down the tubes do you want to go?

How much more do you want to lose?

Do you want to get clean and sober?

Or would you rather die than Change?

Are you tired of being sick and tired?

Are you ready to give up the high cost of low living
for the low cost of high living?

You do deserve a better life, it's available and possible

Yes there are ways to get clean and sober

They all involve not drinking or drugging

Twelve Step programs, Alcoholics Anonymous

Narcotics Anonymous, they work

A variety of Treatment Centers, help is available

Do you have the desire to get clean and sober?

Explore the options, talk to people who are not using

Take the action for what is best for you

I wish you the best, You are Worth IT

EPITAPHS

Lived his sermons
didn't preach them

Always late to work
compensated by
leaving early

Her lies were great
here she lies

Helpful alcoholic
died sober
graduated

There is no death
only change

He didn't speak in
words
he spoke in deeds

She was better than
anything that
could be said

An Elder
full of wisdom
Ignored

Ended the high cost
of low living